



Bhoomi 2014, Abundant Earth ***In collaboration with India International Centre***

Navdanya in collaboration with India International Centre invites you to another year of participation in Navdanya's annual festival Bhoomi, based on Annapurna: Feeding the World, on the 1st of October, 2014 at the India International Centre. The Right to nutritive, safe & wholesome food is recognised as a human right and is a major determinant of health. Annapurna is a metaphor of the abundant and eternally renewable capacity of the Earth to provide food for all the living beings, sharing this planet, provided we do not violate her sanctity by neglect, overexploitation and poisoning her. Viewed in this perspective, Annapurna becomes the symbol of Food Security, Food Safety and Food Sovereignty. Feeding the World is an act embedded in sustainability, integrity and equity, honouring the contributions of our small farmers and women. Aptly named Abundant Earth, the dinner which will follow the day's event is a tribute to Earth's carrying, nurturing and sustaining capacity as reflected by the diversity of our table.

Beverages

*Brahmi Buttermilk
Chilled lemongrass
Rose Sherbet*

Pickles & chutneys & Raita

*Tomato and hara dhaniya chutney
Lauki pachdi(*vs)
Khatti meethi chutney*

Appetizers

*Pumpkin fritters (fried in coconut
oil)
Buckwheat fritters/kuttu ke*

*pakode(*vs)
Adbi patta patod
Jhangora carrot idli*

Salad

*Peanut chaat(*vs)
Mixed bean salad Green salad*

Main course

*Gatte ke sabji
Ker sangri
Bagara baigun*

Aviyal

*Lotus stem stir fried in sesame
Paneer wrapped in turmeric leaves
Palak dal*

Breads & Rice

*Assortment of rotis(amaranth,
missi)
Herbed puri
Plain rice*

*Morunga brown rice pulao
Sabundana Khichdi(*vs)*

Dessert

*Steamed amaranth pudding
Hand-made sevayyan with date
Fig and honey ice-cream*

Price inclusive of taxes Rs 750/-

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(*vs: vrath special)